

Establishment of target values for health management indicators

	BMI-appropriate ratio		Smoking rate		Metabolic syndrome rate		Percentage of respondents with 3 or more physical complaints	
	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
Medium-term goals by FY2025	75.0	68.7	13.2	2.0	9.7	0.0	11.1	32.3
FY 2022	78.1	67.4	8.3	2.0	5.6	0.0	12.6	34.5
FY 2021	77.1	69.3	15.0	2.2	12.3	0.0	7.4	27.6
FY 2020	69.8	69.7	16.4	2.0	11.1	1.0	13.2	26.7